### Archichlamydae and Sympetalae Flora of Arghakhanchi District, Western Nepal

Niroj Paudel<sup>1</sup>, Lila Pati Paudel<sup>2</sup>, Umesh Ghimire<sup>3</sup>, Bishnu Dev Das<sup>4</sup>

<sup>1, 2,3</sup> Department of Botany, Post graduate Campus, Biratnagar, Nepal <sup>4</sup>Department of Botany, Mahendra Morang Multiple Campus, Biratnagar Nepal

Abstract: This paper aims to explore distribution pattern of Archychlamydae and Sympetalae flora used for different purposes and conservation aspect. We compiled information on 61 species of Archychlamydae and 34 species of Sympetalae. Among the archichlamydae, the dominant families are Leguminosae, Utricaceae, Euphorbiaceae, Moraceae and Rosaceae. Among Sympetalae, the dominant families are Labiate and Compositae. The most common species are Castanopsis indica, Castanopsis tribuloids, Girardiana diversifolia, Listea monopetala, Cinnamonum tamala, Berberis aristata, Schima wallichi, Rubus elipticus, Pyrus pashia, Bauhinia vahlii, Phyllanthus emblica, Zanthoxylum armatum, Xylosma controversum, Diospyros malabarica, Syzygium cumini, Terminalia chebula, Terminalia bellirica, Semecarpus anacardium. Out of 95 species more than 25 species are of medicinal value of which Valeriana jatamansi, Cinnamonum tamala are threatened due to trade, habitat degradation and over use.

Keywords: Archichlamydae, Sympetalae, Arghakhanchi, Medicinal value, species use.

### **1. INTRODUCTION**

Plants are regarded as the important component of natural resources on which people and animals are dependent. A sound knowledge on floristic composition of particular area is essential to understand the resources, their uses and conservation. Such knowledge is also important to formulate environmental policies for sustainable development of any country.

Nepal, a small Himalayan country with 147,181 sq. km and lying between 26°22'N to 30°27'N latitudes and 80°04'E to 88°12'E longitudes, is well known as nature's paradise for its rich biodiversity. It is transition mountainous area in between Indo-Gigantic plain in the south and the Tibetan plateau on the north (Rajbhandari, 2001). Nepal is endowed with tropical to alpine vegetation due to great geographic diversity along with climatic variation.

Nepal lies in intervening zone of different phytogeographical and zoogeographical zones. Broadly, Nepal lies at the junction of two major phytogeographical divisions of the world, the Holarctic kingdom in the North and the Paleotropical kingdom in the South. Moreover, in terms of the regional phytogeographical demarcation Nepal is situated on the cross-road of many floristic regions such as Sino-Japanese florstic region in east, Indo–Turannian floristic region in North – West, Central Asiatic floristic region in the north, South-East Asian Malaysian floristic region in the south and Sudano-Zambian floristic region in South-West. Nepal's positon in the central sector of the Himalayas is that of transitional zone of interpretation between the two differing environment in the Eastern Himalayas and Western Himalayas (Shrestha and Joshi, 1996). In the six phytogeographical provinces of the country, scientists have identified 118 ecosystems, 75 types of vegetation and 35 types of forest representing more than 6500 species of flowering plants (Dobermez, 1972; Stainton, 1997) of the total estimated 6500 species of flowering plants, about 4% are endemic to the country and 30% are endemic to Himalayas. Although Nepal shares 0.09% of world's total land by area, its share in world's total flowering plant species is more than 2% .This country occupies the 10<sup>th</sup> position on richness of flowering plant diversity in Asia (Press et al, 2000).

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Vegetation of Nepal has been studied by many workers and they have classified the vegetation into various phytogeographical divisions (Stearn, 1992), divided Nepal into three regions-western (Kumaon frontier to 83°E), central (83°E to 86°30'E) and eastern (86°30'E to Sikkim frontier). Stainton (1992) divided Nepal into terai-bhavar-dun valleys and outer foothill, midland areas, Humla-Jumla area in the north-west, drier river valleys, inner valleys, trans-Himalayan arid zone. Chaudhary (1998) has recognized five vegetation zones viz. tropical zone (upto 1000m altitude), subtropical zone (1000-2000m altitude), temperate zone (2000-3000m altitude), sub alpine zone (3000-4000m altitude), alpine and nival zone (above 4000m altitude).

Botanical exploration in Nepal began after the collection of Buchanan-Hamilton (1802-1803). Nathanial Wallich (1820-1821) collected plants from Nepal and recorded these in Tentament Florae Nepalensis (1826). D. Don (1825) published Prodromous Florae Nepalensis on the basis of Buchanan- Hamilton collections. Hooker (1858) recorded his collection in Himalayan Journal Volume I and II (1854) and Flora of British India Volume I-VIII (1972-1997). Burkill (1910) also made a valuable contribution.

British museum compiled a most valuable contribution- An enumeration of Flowering Plants of Nepal in three volumes (Hara et al, 1978, 1979, 1982). Stainton explored the different parts of Nepal several times and published Forest of Nepal (1972).Kyoto University (1952-1953) organized expedition to central Nepal in Fauna and flora of Nepal Himalaya (Kihara, 1955).Tokyo University (1960-1970) explored the eastern Nepal, Sikkim and Bhutan to investigate the botanical relationship between eastern Himalaya and Japan. J. Banerji (1948) collected plants form Tamor Valley. M.L. Banerji (1953, 1955, 1956, and 1958) explored different part of eastern Nepal and C. R. Rao (1967) published Plant Collection in Eastern Nepal. More than 200 new species have been described during this period (DPR, 1976). Siwakoti and Verma (1995a, 1996b) enumerated plant species of eastern Nepal. Press et al (2000) published Annotated Checklist of the Flowering Plants. Panthi and Chaudhary (2002) reported 501 angiosperm plant species form Arghakhanchi district and its adjoining area.

#### Study area:



Figure: Arghakhanchi District

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Arghakhanchi district lies in foothill of Mahabharat range with high potentiality of medicinal plants prevailing in high concentration in north facing slopes and along streams. More than 500 species of flowering plants have been reported from this district (Panthi and Chaudhary, 2002). It is situated between 27°45'-28°06'N and 82°45'-83°23'E with an area of 1200 sq. km and lies at the elevation from 305m to 2515m. The major area of this district is mid mountain and foothills with 69.1% of the area under slopes above 30 degrees. The average maximum temperature is 24°C and the minimum 14.5°C and it receives 850mm average annual rainfall. Forest covers 73,134 ha.(???)

### 2. MATERIALS AND METHODS

The identification of plant is one of the important functions of taxonomy. Since, the activity of plant identification and nomenclature is carried out with the help of herbaria and taxonomic literature, information in respect to these is essential. Herbaria technique includes collection, drying, poisoning, mounting stretching, labeling and depositing.

Identification of collected plant species were done mainly using relevant literatures such as Hooker(1883-1897), Collett (1971), Duthe (1960), Lawrence (1965), HMG(1976, 1986), Polunin and Stainton (1997) Noltie (1994, 2000, 2002). For the arrangement of families of described genera and species the modified Engler system of Melchior (1904) has been followed as in the flora of Bhutan and some modification as given by Hutchinson (1959).

### 3. RESULT AND DISCUSSION

The present floristic work deals with 95 plant species belonging to 82 genera and 45 families. Among them 60species under 50 genera and 30 families belonging to archichlamydeae and 35 species under 32 genera and 15 families belong to sympetalae. The arrangement of families of described genera and species are based on Engler system of Melchior (1964).

Out of 95 species, 48 species are trees, 26 species are shrubs, 16 species are herbs, and 2species are under shrubs a species of climber, parasite and woody climber each. So, in this area trees are dominant in comparison to shrubs, herbs and climbers.

The ratio of families to genera is 1:1.82, genus to species is 1:1.15 and families to species are 1:2.11. Among the archichlamydae, the dominant families are Fagaceae (8 species), Utricaceae (7 species), Euphorbiaceae (5 species), Moraceae and Rosaceae (4 species each). The families with 3 species are Combretaceae and Fagaceae. The families with 2 species are Lauraceae, Berberidaceae, Anacardiaceae, Tiliaceae and Ulmaceae. The monospecific family's Myricaceae, Cannabaceae, Santalaceae, Loranthaceae, Amaranthaceae, Sauraceae, Theaceae, Saxifragaceae, Hydrangeaceae, Rutaceae, Rhamnaceae, Malvaceae, Flacourtiaceae, Bixaceae, Lythraceae, Myrtaceae, Melastomataceae.

S N	Families	Botanical Name	Habit	Local Name	Flowe rin Fruiti ng Period	Distribution	Uses
1	Myricaceae	Myrica esculenta L. Buch.ex D.Don.	Tree	Kafal	May- Oct.	Nepal (1200-2300m), Himalaya (Kasmir to Bhutan), India, Myanmar, east ot west and south China and south Malaysia	Medicine
2	Fagaceae	Castanopsis indica (Roxb.).Miq.	Tree	Katus, Dharna	April- Sep.	Nepal (Central-East, 1200-2900m), Himalaya (Nepal to Arunachal Pradesh), Northeast India, Myanmar, west China, Indo-China.	Fodder, timber
3		Castanopsis tribuloides (Sm.).A.DC.	Tree	Masure Katus	April- Sep.	Nepal (West-Central-East, 450- 2300m), Himalaya (UtterPradesh to Arunanchal Pradesh) Northeast India (Megalaya), Myanmar, China(Yunan), Indo-China.	Fodder, timber
4		Quercus incana Roxb.	Tree	Bhanj	May- Oct.	Nepal (West-Central-East, 460- 2600m), Himalaya (Uttar Pradesh to Arunanchal Pradesh), Myanmar, Indo- China.	Fodder, timber

Table 1: Families represented species, uses, distribution, habit, local name and flowering and fruiting season of taxa
Archychlamydae

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5	Ulmaceae	Trema cannabina Lour.	Tree	Khaski	May- Sep.	Nepal (Cental East, 350-2000m), Himalaya (Nepal), India, South China,Malasyia.	Timber
6		<i>Trema orentalis</i> (L.) Blume.	Tree	Khari	May- Oct.	Nepal, Tropical Africa, Himalaya (Uttar Pradesh to Bhutan), India, Sri- lanka, Indo-China, West-South China.	Timber, firewood
7	Moraceae	<i>Ficus subincisa</i> BuchHam.ex Sm.	Tree	Bidino	April- Aug.	Nepal (West-Central-East, 300- 1800m), Himalaya (Kasmir to Arunanchal Pradesh), Northern Mayamanr, China(Yunan), Indo-China.	Fodder
8		Ficus semicordata BucHam.ex Sm.	Tree	Khanayo	April- Aug.	Nepal (West-Central-East, 200-1700m, Himalaya (Nepal, Arunanchal Pradesh), India, Myanmar, South China, Indo-China, Malaysia.	Fodder
9		<i>Ficus lacor</i> BuchHam.	Tree	Seto Kabra	May- Oct.	Nepal (West-Central-East, 500m) Himalaya (Uttar Praesh to Bhutan),India, Myanmar, Indo-China.	Medicine
10	Cannabaceae	Cannabis sativa L.	Herb	Ganja	Jun- July	Nepal (West-Central-East, 200-315m), Temperate and tropical region of Central China.	Fiber, oil, medicine
11	Urticaeae	Urtica dioica L.	Herb	Sisno	July- Sep.	Nepal (West- Central, 3000-4500m). Europe, North America, West Syberia, Cental Asia, Himalaya, West China.	Vegetable
·		<i>Girardiana</i> <i>diversifolia</i> (Link) Friis	Shrub	Jangali Sisno	May- Nov.	Nepal (West-Cental,East, 1700- 3000m), Himalaya (Punjab to Bhutan), India, Srilanka, Myanmar, East to Central China, Malaysia.	Fiber
13		Elatostema subincisum Wedd.	Herb		May- Oct.	Nepal (East, 2500-3000m), Himalaya (Nepal, Sikkim).	-
14		<i>Maoutia puya</i> (Hook.) Wedd.	Shrub	Tusare	May- Oct.	Nepal (Central East, 900-1100m), Himalaya (Uttar Pradesh to Bhutan), North East India(Meghalaya), Myanmar, Indo-China,South-West China.	Fodder
15		Boehmeria regulosa Weed.	Tree	Geethi	May- July	Nepal (1451m), India, China.	Timber
16		Boehmeria platyphylla D.Don.	Shrub	Khasreti	May- Oct.	Nepal (Central- East, 1500-2500m, Himalaya (Nepal, Bhutan), China	Fodder
17		Ficus auriculata Lour.	Tree	Vutuk, Nevaro	April- Aug.	Nepal (Central 250-1700m), Himalaya (North Pakistan to North Myanmar), North east India, South China, Indo- China.	Fodder, firewood
18	Santalaceae	Osyris wightiana Wall.ex. Wight	Shrub	Nundhik i	May- Nov.	Nepal (Central-east, 1000-2600m), Himalaya (Himanchal Pradesh to Bhuta), Myanmar, India, Sri-Lanka, West China, Indo-China.	Medicine
19	Loranthaceae	Dendrophthoe falcata (L.f.)Etting.	Parasite	Ainjeru	May- Oct.	Nepal (West-Central-East, 150-900m), Himalaya(Uttar Pradesh to Bhutan), India, Sri-Lanka, Thailand, Indo-China, Australia.	Medicine
20	Amaranthaceae	Deeringia amaranthoides (Lam) Merr.	Shrub	Bakri sag	Aug- Dec.	Nepal (West-Central-East, 600- 1500m), Himalaya, India to China, Malaysia, Australia	
21	Lauraceae	Listea monopetala (Roxb.) Pers.	Tree	Kutmero	Jun- Dec.	Nepal, Central- Eastern Himalaya (Uttar Pradesh to Sikkim), Bangladesh, Myanmar (Yennan).	Fodder,medi cine
22		<i>Cinnamomum</i> <i>tamala</i> (Buch Ham) Nees & Eberm.	Tree	Sinkauli	May- Aug.	Nepal (West-Central-East, 450- 2000m), Himalaya (Kasmir to Bhutan), North East India (Assam, Meghalaya).	Medicine

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23	Berberidaceae	Mahonia napaulensis DC.	Shrub	Jamane mandro	May- July	Nepal (West-Central-East, 2000- 2900m), Himalaya (Nepal to Bhutan), North east India.	Medicine
24		Barberis aristata var. floribunda (G.Don) Hook.f. & Thomson	Shrub	Chutro	May - July	Nepal (West, 2000-3500m), not reported to that altitude Press et al, 2000	Fruits edible, Medicine
25	Saurauraceae	Saurauria nepaulensis DC.	Tree		May- Oct.	Nepal (West-Central-East, 750- 2100m), Himalaya (Uttar Pradesh to Aurunachal Pradesh), North east India, North Myanmar, Thailand, Indo-China, West China.	Timber
26	Theaceae	Schima wallichi(DC.) Korth.	Tree	Chilaune	May- July	Nepal (Central-East, 900-2100m), Himalaya (Nepal to Bhutan, North East India, West China.	Medicine, Timber
27	Saxifragaceae	Bergenia ciliata (Haw.) Sternb.	Herb	Pakhanv ed	May- Oct.	Nepal (West-Central, 900-1700m), Himalaya (Kashmir to Nepal), Bhutan.	Medicine
28	Hydrangeaceae	Dichroa febrifuga Lour.	Shrub	Basak	May- Oct.	Nepal (Central-East, 900-2400m), Himalaya (Nepal to Bhutan), India, Myanmar, East to Central China, Taiwan, Malaysia.	Medicine
29	Rosaceae	Rubus ellipticus Sm.	Shrub	Ainselu	May- Dec	Nepal (West-Central-East, 1700- 2300m), Himalaya (Swat to Bhutan), North east India, Sri-Lanka, Myanmar, East to West China, Philippines ,not reported from that altitude by Press et al.	Medicine, Fruits edible
30		<i>Eriobotrya</i> <i>dubia</i> (Lindl.) Decne.	Tree	Jure Kafal	May- Aug.	Nepal (1500-2000m), Himalaya (Uttar Pradesh to Bhutan).	Fruits edible
31		<i>Pyrus pashia</i> BuchHam.ex D.Don	Tree	Mayal	April- June	Nepal (West-Central-East, 700- 2600m), Himalaya (Kasmir to Bhutan), North East India, Myanmar, North China.	Fruits edible
32		Prunus domestica Ehrn.	Tree		May- Oct.	Nepal (East,1800m), South West Europe, Central Asia.	Fruits edible
33	Fagaceae	Acacia catechu (L.f.) Willd.	Tree	Khair	March- July	Nepal (West-Central-East, 200- 1400m), Bhutan, Myanmar, India, Thailand, South China.	Timber, Kattha extraction, Medicine
34		Cassia sophera L.	Shrub		June- May	Nepal (Central- East, 750-1000m), cultivated or naturalied in Africa, West Asia, Himalaya, India, South East Asia, China, Malayasia, Australia.	Medicine
35		Betua minor BuchHam.ex Baker	Shrub	Bhojetro		Nepal (West-Central-East, 300-2000m), North East India.	
36		Dalbergia volubilis Roxb.	Tree	Payala	May- July	Nepal (Central, 300-350m), Himalaya (Nepal, Sikkim), East India, Sri- Lanka,Myanmar.	Timber
37		Albizia procera (Roxb.)Benth.	Tree	Seto Siris	May- July	Nepal (Central-East, 300-1100m), Himalaya, India, Myanmar.	Medicine
38		Bauhinia malabarica Roxb.	Tree		May- Oct.	Nepal (West-Central-East, 200-650m), Tropical Himalaya (Kashmir to Sikkim), India, South east Asia, Malaysia, cultivated in tropics.	
39		Bauhinia vahlii Wight & Arn.	Tree	Bhorla	April- May	Nepal (West-Central-East, 200- 1300m), Tropical Himalaya (Kashmir to Sikkim), India.	Timber
40		Bauhinia purpuria L.	Tree	Tanki	Sep- March	Nepal (West-Central-East, 300- 1600m), Tropical Himalaya (Kashmir to Bhutan), India, West-South China, South-East Asia.	Medicine
41	Euphorbiaceae	Euphorbia hirta L.	Herb	Dudhe Jhar	Jan- Dec	Nepal (West-Central-East, 150- 1500m), Pantropical.	Medicine

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42		Mallotus philippensis (Lam.) Mull.	Tree	Rohini	Jan March	Nepal (West-East,150-1800m), Himalaya (Uttar Pradesh to Bhutan), India, Sri-Lanka, Indo-China, China,	Medicine, Timber
		Arg.				Malaysia, Australia.	
43		Bridella retusa (L.) Spreng.	Tree	Gaayo	April- Oct.	Nepal (West- Central, 150- 1200m), India, Sri-Lanka, Myanmar, Indo- China, Malay Peninsula, Sumatra.	Timber
44		Antidesma acidum Retz.	Tree	Archalo	May- Oct.	Nepal ( Central-East, 150-1200m), Himalaya (Nepal to Bhutan), India, Myanmar, South China, Indo-China, Java.	Timber
45		Phullanthus embllica L.	Tree	Amala	Aug Feb.	Nepal (West-Central-East, 150- 1400m), Himalaya (Uttar Pradesh to Bhutan), North East India, North Myanmar, South China. Indo-China, Malaysia.	Medicine, fruits edible
46	Rutaceae	Zanthoxulum aramatum DC.	Tree	Timur	Feb Aug.	Nepal (West-Central-East,1100- 2500m), Himalaya(Kashmir to Bhutan), North India, East China, Taiwan, Philippines.	medicine
47	Anacardiaceae	<i>Rhus javinaca</i> Miller	Tree	Bhakiam ilo	Feb Sep.	Nepal (West-Central-East, 1300- 2400m), Himalaya (Kashmir to Bhutan), India, Sri-Lanka, Myanmar, East China, Korea, Japan.	Medicine, fruits edible
48		Semecarpus anacardium L.f.	Tree	Valayo	May- Oct.	Nepal (West-Central-East, 150- 1200m), Himalaya (Sermore to Sikkim), India, Myanmar, Malaysia, North Australia.	Medicine
49	Sapindaceae	<i>Schleiehera</i> <i>oleosa</i> (Lour.) Oken	Tree		May- Oct.	Nepal (West-Central-East, 200-300m), Tropical Himalaya (Punjab to Nepal), India, Sri-Lanka, Myanmar, Thailand, Indo China, Malaysia.	Medicine
50	Rhamnaceae	Zizyphus mauritiana Lam.	Shrub	Bayar	July- Nov.	Nepal (West- Cental -East, 200- 1200m), Tropical Asia, Austrilia.	Medicine, fruit edible
51	Tiliaceae	<i>Grewia optiva</i> J.R. Drumm ex Burret.	Tree	Chefla	Jan- June	Nepal (West-Central-East, 150- 1800m), Himalaya (Kashmir to Nepal).	Timber
52		Grewia sp. L.	Shrub		May- Oct.	Western Nepal.	-
53	Malvaceae	Urena lobata L.	Herb		June- Dec.	Nepal (West-Central-East, 200- 1300m), Pantropical.	Medicine
54	Falcourtiaceae	Xylosma contoversum Clos.	Tree	Raju	Jan- July	Nepal (Central, 1300-1700m), North East India, West China.	Medicine
55	Bixaceae	Bixa orellana L.	Shrub	Sindure	May- Oct.	Nepal, Bhutan (not reported in press et al,2000)	-
56	Lythraceae	Woodfordia fruticosa (L.) Kurz.	Shrub	Dhayero	June- Dec.	Nepal (West-Central-East, 200- 1800m), Africa, West Asia, Subtropical Himalaya, India, Sri-Lanka, Myanmar, East China.	Medicine
57	Myrtaceae	Syzygium cumini (L.) Skeels	Tree	Jamun	Feb Aug.	Nepal (West-Central-East, 300- 1200m), subtropical Himalaya, India, Sri-Lanka, Malaysia, Australia.	Medicine, fruits edible
58	Melastomataceae	Melastoma normale D.Don	Herb	Lalanger i chulesi	May- Oct.	Nepal (West-Cental,East, 900-1800m), Himalaya (Nepal to Bhutan), North East India, Thailand, Indo-China, China, Malaysia, Molluccas, New Caledonia.	-
59	Combretaceae	<i>Terminalia alata</i> Heyne ex Roth	Tree		Feb Oct.	Nepal (West-Central- East, 200- 1400m), Himalaya, India, Sri-Lanka, Myanmar, Thailand, Indo-China.	Timber
60		<i>Terminalia</i> <i>bellirica</i> (Gaertn ) Roxb.	Tree	Barro	May- Oct.	Nepal (Central-East, 300-1100m), India, Sri- Lanka, Myanmar, Thailand, Indo-China, Malaysia.	Medicine
61		Terminalia chebula Retz.	Tree	Harro	Feb Aug.	Nepal (Central East, 150-1100m), India, Sri-Lanka, Myanmar.	Medicine, timber

### Table 2: Families represented species, uses, distribution, habit, local name and flowering and fruiting season of taxa Sympetalae

SN	Families	Botanical Name	Local Name	Habit	Flowering- Fruiting Period	Distribution	Uses
1	Ericaceae	Lyonia ovalifolia (Wall.) Drude	Angeri	Tree	May-Oct.	Nepal (West-Central-East, 1300- 3300m), Himalaya (Punjab to Bhutan), North East India, Myanmar, China, Malay peninsula.	Medicine
2		Rhododendron campanulatum D.Don.	Nilo simal	Tree	Feb-Oct.	Nepal (West-Central-East, 2800- 4400m), Himalaya (Kashmir to Nepal),North East India.	Medicine, ornamental
3	Myrsinaceae	Myrsine semiserrata Wall.				Nepal (West-Central- East, 1200- 2700m), Himalaya (Pakistan to Arunanchal Pradesh), North East India, North Myanmar, West and Central China.	
4		<i>Maesa chisia</i> BuchHam. ex D.Don.	Bilaunae			Nepal (West-Central-East, 1200- 2600m), Himalaya(Nepal to Bhutan),North East India, North Myanmar.	Medicine
5	Sapotaceae	Aesandra butyraceae (Roxb.) H.J.Lam.	Chiuri	Tree	FebJuly	Nepal (Central-East, 200-1500m), subtropical Himalaya (Utter Pradesh to Arunanchal Pradesh).	Medicine, fruits edible
6	Ebenaceae	Dispyros malabarica (Desr.) Kostel.	Teeju, Kaltu	Tree	FebJune	Nepal (West, 500-1500m), India, Sri- Lanka, Malaysia.	Edible
7	Olaceae	Jasminum nepalense Spreng.	Phulee	Shrub	May-Oct.	Nepal (West-Central, 800-2500m), Himalaya(Utter Pradesh to Bhutan), North East India, North Myanmar.	
8		Fraximus floribunda Wall.	Lankuri	Tree	May-Oct.	Nepal (Central-East, 1200-2000m), Himalaya(Punjab to Bhutan), North East India, East-West China).	Medicine
9	Apocynaceae	Tabernaemontan a divericata (L.) R. Br. ex. Roem. & Schult.	Tagar	Shrub	May-Oct.	Nepal (Central-East, 250- 1200m), Native of tropical Asia, cultivated throughout tropics.	
10		Carissa caranda L.	Gorusing he kanda	Tree	May-Oct.	Nepal (Central, 100-700m), widely cultivated throughout India and southern Bhutan, Sri-Lanka, Myanmar, Malaysia.	
11	Rubiaceae	<i>Luculia</i> gratissima (Wall.) Sweet	Dawari	Shrub	March-Oct.	Nepal (West-Central-West, 1000- 2100m), Himalaya(Nepal to Assam), China, Indo-China.	
12		<i>Wendlandia</i> <i>appendiculata</i> Wall ex Cowan		Tree	May-Oct.	Nepal (Central,???)	
13	Verbenaceae	Vitex nugundo L.	Simali	Shrub	June-Dec.	Nepal (West-Central-East, 100-1200m), Himalaya(Nepal to Bhutan), Afganistan, India, Sri-Lanka, China, Myanmar, Indo- China, Malaysia.	Medicine, hedge plant
14		Holmskioldia sanguinea Retz.	Aputo	Woody climber	May-Oct.	Nepal (West-Central-East, 300-1500m), Himalaya (Utter Pradesh to Bhutan), India.	-
15	Lamiaceae	Colquhounia coccinea Wall.		Shrub	FebAug.	Nepal (West-Central- East, 1200- 2400m), Himalaya (Utter Pradesh to Bhutan), South West China.	-
16		<i>Elsholtzia blanda</i> (Benth.) Benth.	Mjery pati	Herb	FebOct.	Nepal (West-Central-East, 300-2000m), Himalaya(Nepal to Bhutan), North-East India, Bangladesh, China, Myanmar, Indo-China, Malaysia.	Edible
17		Colebrookea oppositifolia Sm.	Dhurure	Shrub	Jan-May	Nepal (West-Central-East, 250-1700m), Punjab, Himalaya(Kashmir to Bhutan), India, Myanmar, China, Indo-China.	Medicine
18		<i>Hyptis suaveolens</i> (L.) Poit.	Mermera	Herb	May-Aug.	Nepal (Central-East, 150-1000m), Native of Central Amrica, widely cultivated in Asia.	-

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19		Anisomeles indica (L.) Kuntze	Selam	Herb	AugJan.	Nepal (West-Central-East, 200-2400m), Himalaya (Utter Pradesh to Sikkim), India, Sri-Lanka, China, Malaysia.	Medicine
20	Solanaceae	Solanum surattense Burm f.	Kantakari	Unders hrub	May-Aug.	Nepal (West-Central-East, 300-900m), Himalaya, North India, China, South East Asia, Malaysia, Australia.	Medicine, soap making
21		Solanum aculeatissimum Jacq.	Kalchudo	Unders hrub	AugMay.	Nepal (West-Central-East, 1600m), Himalaya, North India, Australia, Tropical and South-North America, introduced into old world tropics and naturalised.	Medicine
22	Acanthaceae	<i>Strobilanthes</i> <i>atroupupureus</i> Nees.	Aankhle	Herb	FebJuly	Nepal (West-Central-East, 2700- 3500m), Himalaya (Kashmir to Bhutan).	-
23		Barleria cristata L.		Herb	OctFeb.	Nepal (West-Central- East, 200-2000m), India, Myanmar, Indo-China, South China, Philippines, Burma.	Medicine
24		<i>Thunbergia</i> <i>coccinea</i> Wall.ex D.Don		Climbe r	May-Oct.	Nepal (West-Central-East, 300-2000m), Himalaya (Utter Pradesh to Bhutan), North India, Myanmar, Indo-China, West China.	-
25	Caprifoliaceae	Lonicera sp.L.		Herb	May-Oct.	Cental Nepal	-
26		<i>Lonicera</i> glabrata L. Wall.		Shrub	May-Oct.	Nepal (Central-East, 1900-2300m), Himalaya (Nepal to Bhutan), North East India, Myanmar, West China.	-
27		<i>Lonicera</i> <i>acuminate</i> Wall.		Shrub	May-Oct.	Nepal( Central-East, 2100-3200m), Himalaya (Nepal to Bhutan), North East India, Myanmar, West China, Taiwan, Malaysia.	-
28	Valerianaceae	Valeriana jatamansii Jones	Jatamasi	Herb	FebNov.	Nepal (West-Central-East, 1500- 3300m), Afganistan, Himalaya (Kashmir to Bhutan), North East India, Myanmar, West-Cental China.	Medicine
29	Compositae	Senecio sp.		Shrub	May-Oct.	Western Nepal	-
30		<i>Inula cappa</i> (Buch-Ham.ex. D.Don) DC.	Kanpate	Shrub	May-Oct.	Nepal (West-Central-East, 150-2500m), Himalaya (Utter Pradesh to Bhutan), North East India to China, Thailand, Java.	-
31		Bidens pilosa var. minor (Blume) Sherff.		Herb		Nepal (West-Central-East, 700-2100m), Pantropical.	Kuro
32		Spilanthes paniculata Wall.ex. Dc.	Marati	Herb	May-July	Nepal (West-Central, 1100m),Nepal, India,Myanmar,Thailand, Indo-China, China, Malaysia. (Occurrence in Central Nepal requires conformation Press et al, 2000)	-
33	Cordiaceae	<i>Ehretia laevis</i> Roxb.	Marati	Tree	Feb-Aug.	Nepal (West-Central-East, 150-1100m), subtropical Himalaya (Kashmir to Sikkim), India, Myanmar, Thailand, Info-China, China.	-
34		Cordia dichotoma J.R. Forst.		Tree	FebAug.	Nepal (Central- Eastern,200-1400m), West Asia, subtropical Himalaya, India, Sri-Lanka, East China and Japan, Australia, sometimes cultivated.	-

Among Sympetalae, the dominant families are Lamiaceae (5 species), Compositae (4 species). The families with 3 species are Acanthaceae, Caprifoliaceae. The families with 2 families are Ericaceae, Myrsinaceae, Oleaceae, Apocynaceae, Rubiaceae, Verbenaceae, Solanaceae, Cordiaceae. The monospecies families are Sapotaceae, Ebebaceae, Valerianaceae.

The most common species are Myrica esculenta, Ficus lacor, Cannabis sativa, Urtica dioca, Osyris wightiana, Dendrophthoe falcata, Listea monopetala, Cinnamomum tamala, Mahonia nepaulensis, Barberis aristata, Schima wallichi, Bergenia ciliate, Dichroa febrifuga, Rubus ellipticus, Acacia catechu, Cassia sophera, Dalbergia volubilis, Albizia procera, Bauhinia vahlii, Bauhinia purpuria, Mallotus philippiensis, Phyllanthus emblica, Zanthoxylum armatum, Rhus javanica, Semecarpus anacardium, Schleiehera oleosa, Zizyphus mauritiana, Urnea lobata, Xylosma controversum, Woodfordia fruticosa, Syzygium cumini, Terminalia chebula, Terminalia bellirica, Lyonia ovalifolia, Rhodendron campanulatum, Maesa chisia, Aesandra butyraceae, Fraxinus floribunda, Vitex negundo, Colebrookea oppositifolia,

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Anisomeles indica, Solanum surrattese, Solanaceae aculeatissimum, Baleria cristata and Valeriana jatamansii. Out of 95 species 45 species are of medicinal value of which Valeriana jatamansi, Cinnamomum tamala are threatened due to trade, habitat degradation and over use.

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